

Trauma and Resilience: Supporting Women Victim of Violence

Dienstag, 14:00 - 14:45 Uhr, Raum 5 (TC-2.11a+2.12)

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Abstract

This lecture explores the intersection of trauma, mental health, focusing on supporting women victims. While gender-sensitive approaches have gained prominence in recent years, these initiatives often overlook socio-cultural and ethnic diversity, assuming that women victim's needs are universal. This lecture advocates for a holistic strategy that addresses the specific needs of female victims, offering mental health care tailored to their distinct ethnocultural backgrounds while enhancing victim protection and rehabilitation. Drawing on case studies from Afro-Arab communities (Sudan) and multi-ethnic contexts, the lecture will emphasize culturally sensitive, trauma-informed mental health interventions aimed at improving resilience among women in varied settings. These case studies will provide practical insights into policy changes that can improve community-based mental health programs, offer useful perspectives for policymakers on reshaping crime prevention.

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